

## Supply List:

- Sheer cut away mesh stabilizer
- Ruler and Rotary cutter
- 90/14 sharp embroidery needles
- Embroidery and bobbin thread
- [Embroidery snips](#)
- Point Turner and Seam Creaser Tool
- Bias Tape Maker
- Fusible Web Tape
- Dowel and finials (optional)
- 1 - 9" x 1½" piece of fabric for the loops

## Small Wall Hanging

- 1 - 8½" x 8½" piece of Warm & Natural Cotton Batting **or other thin quilter's batting**
- 1 - 8½" x 8½" piece of fabric
- Scraps of applique fabric for the apron and heart
- 2 - 5" x 8½" pieces of fabric for the back

## Large Wall Hanging

- 1 - 10¼" x 10¼" piece of Warm & Natural Cotton Batting **or other thin quilter's batting**
- 1 - 10¼" x 10¼" piece of fabric
- Scraps of applique fabric for the apron and heart
- 2 - 6" x 10¼" pieces of fabric for the back

## Kitchen Rules

Hoop Size: 8" and 9½"

### Dimensions

Small Wall Hanging: 7½" x 7½"  
Large Wall Hanging: 9" x 9"

### Resources

- [www.shellysmola.com](http://www.shellysmola.com)
  - ◇ Embroidery snips
  - ◇ Embroidery designs
  - ◇ Video tutorials
  - ◇ Soft Loft Fusible Stabilizer
- [www.allstitch.com](http://www.allstitch.com)
  - ◇ Cut away stabilizer: Sheer Stitch White "Diagonal Mesh"
  - ◇ No-Show Cut Away Stabilizer
  - ◇ Embroidery thread
  - ◇ Needles
- [www.amazon.com](http://www.amazon.com)
  - ◇ [Dritz Point Turner & Seam Creaser](#)
  - ◇ [Fusible Web Tape](#)
  - ◇ [Warm & Natural Cotton Batting](#)
  - ◇ [Simplicity Bias Tape Maker](#)
  - ◇ [⅜" Dowels](#)
  - ◇ [⅜" Dowel Caps](#)



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