

Supply List:

- Sheer cut away mesh stabilizer
- Ruler and Rotary cutter
- 90/14 sharp embroidery needles
- Embroidery and bobbin thread
- [Embroidery snips](#)
- Point Turner and Seam Creaser Tool
- Bias Tape Maker
- Fusible Web Tape
- Dowel and finials (optional)
- 1 - 9" x 1½" piece of fabric for the loops

Small Wall Hanging

- 1 - 8½" x 8½" piece of Warm & Natural Cotton Batting **or other thin quilter's batting**
- 1 - 8½" x 8½" piece of fabric
- Scraps of applique fabric for the apron and heart
- 2 - 5" x 8½" pieces of fabric for the back

Large Wall Hanging

- 1 - 10¼" x 10¼" piece of Warm & Natural Cotton Batting **or other thin quilter's batting**
- 1 - 10¼" x 10¼" piece of fabric
- Scraps of applique fabric for the apron and heart
- 2 - 6" x 10¼" pieces of fabric for the back

Kitchen Rules

Hoop Size: 8" and 9½"

Dimensions

Small Wall Hanging: 7½" x 7½"
Large Wall Hanging: 9" x 9"

Resources

- www.shellysmola.com
 - ◇ Embroidery snips
 - ◇ Embroidery designs
 - ◇ Video tutorials
 - ◇ Soft Loft Fusible Stabilizer
- www.allstitch.com
 - ◇ Cut away stabilizer: Sheer Stitch White "Diagonal Mesh"
 - ◇ No-Show Cut Away Stabilizer
 - ◇ Embroidery thread
 - ◇ Needles
- www.amazon.com
 - ◇ [Dritz Point Turner & Seam Creaser](#)
 - ◇ [Fusible Web Tape](#)
 - ◇ [Warm & Natural Cotton Batting](#)
 - ◇ [Simplicity Bias Tape Maker](#)
 - ◇ [⅜" Dowels](#)
 - ◇ [⅜" Dowel Caps](#)



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