



GARDEN DREAMS PLACEMAT

HOOP SIZE: 5x7 OR 6x10

SUPPLY LIST

From the Garden Dreams Set:

- ⊗ 1 Main Block
- ⊗ 2 Alternate Blocks (2A)
- ⊗ 2 Top Border 1 Blocks and 2 Top Border 2 Blocks (6x10)
OR
- ⊗ 2 Top Border 1A Blocks, 2 Top Border 1B Blocks, 2 Top Border 1C Blocks (5x7)

- ⊗ Ruler and Rotary cutter
- ⊗ 80/12 or 90/14 sharp embroidery and sewing needles
- ⊗ Sewing thread and bobbin thread
- ⊗ Embroidery nips (or small scissors)
- ⊗ 3/4" bias tape maker tip **OR** a Simplicity Bias Tape Maker with a 3/4" tip (if you have one)
- ⊗ Temporary Basting Glue
- ⊗ Mini iron

FABRIC LIST

FOR EACH PLACEMAT

- ⊗ 1/8 yd of fabric for the sashing
- ⊗ 1/2 yd of fabric for the back
- ⊗ 1/8 yd of fabric for the binding



DIMENSIONS: 20" x 14"

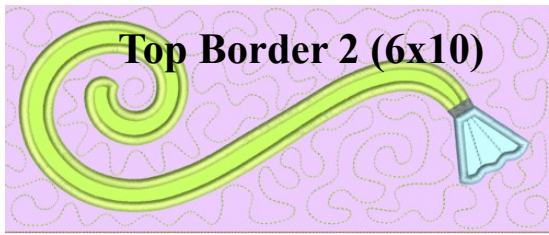


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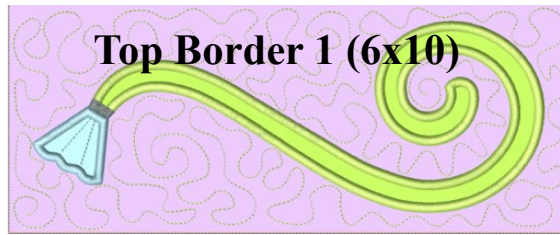
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PREPARE THE BLOCKS

Follow the instructions included in the Garden Dreams Set to make the following blocks.



Top Border 2 (6x10)



Top Border 1 (6x10)



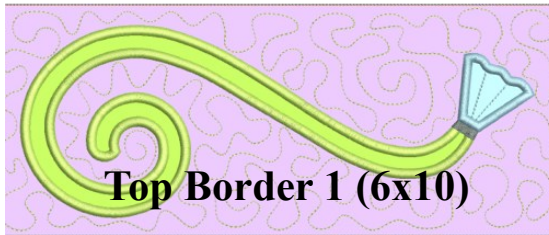
Alternate Block 2A



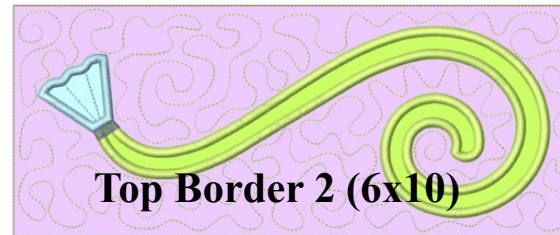
Bloom Block



Alternate Block 2A

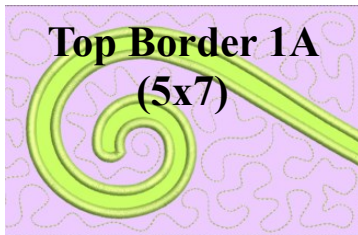


Top Border 1 (6x10)



Top Border 2 (6x10)

OR



Top Border 1A (5x7)



Top Border 1B (5x7)



Top Border 1C (5x7)



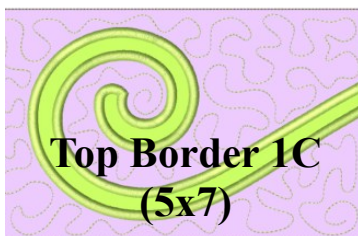
Alternate Block 2A



Bloom Block



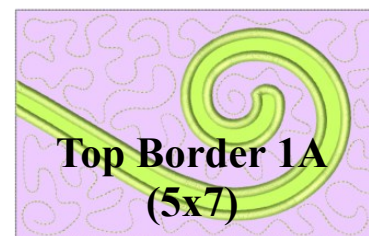
Alternate Block 2A



Top Border 1C (5x7)



Top Border 1B (5x7)



Top Border 1A (5x7)

PLACEMAT ASSEMBLY

For each placemat, you will need:

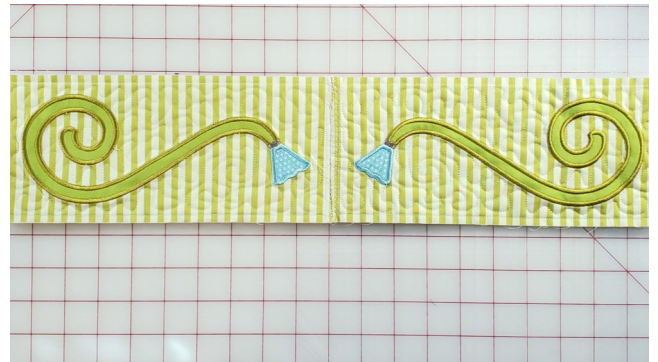
- 2—1½” x 24” strips of fabric for the sashing (If you want different sashing, especially if you are using the 5x7 border blocks, you will need 1 strip in each color.)
- 2—1½” x 42” strips of fabric for the binding
- 1—20½” x 14½” piece of fabric for the back of the placemat
- ¾” bias tape maker tip **OR** a Simplicity Bias Tape Maker with a ¾” tip (if you have one)
- Basting Glue or Elmer’s School Glue
- Mini iron



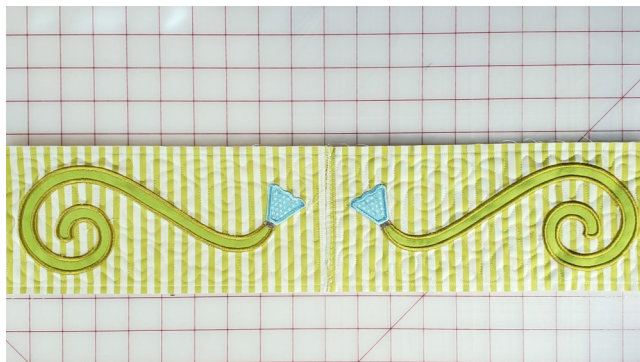
You can also watch my [Fancy Sashing Tutorial](#) to see how I’ve pieced the blocks together. Watch my [Binding and Mitering Tutorial](#) to see how I’ve attached the binding around the placemats.



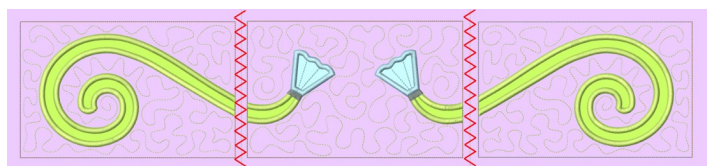
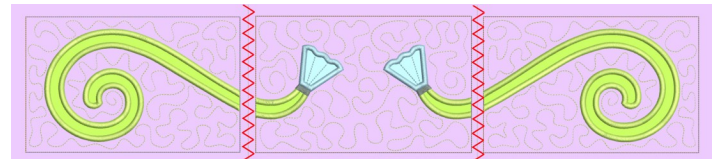
1. Use a ¾” bias tape maker tool or a Simplicity Bias Tape maker (with a ¾” tip) to press both long edges of both sashing strips to the center. You can do this by hand, but I **STRONGLY** recommend using a tool—it will look much better. Set the strips aside.



2. Place the Hose Border blocks side by side. Join the blocks with a zig zag stitch with a width of 7 and a length of 2. Make sure the blocks don’t overlap!



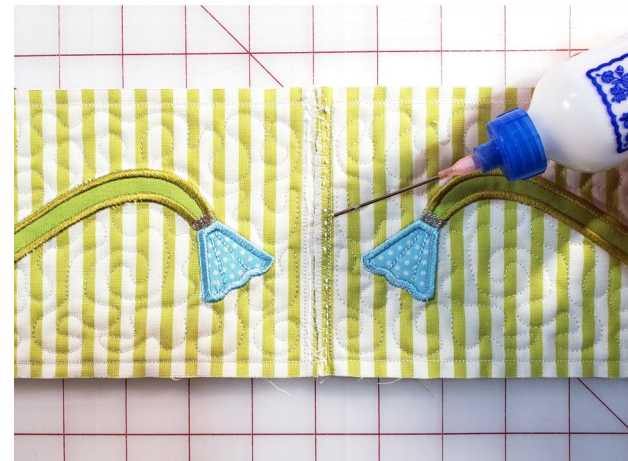
3. Join the blocks in the bottom border with a zig zag stitch.



4. If you are using the 5x7 border blocks, join them as shown with a zig zag stitch with a width of 7 and a length of 2. Make sure the blocks don’t overlap!



5. Join the blocks in the middle row with a zig zag stitch.



7. Apply tiny drops of glue along both sides of the joining seam.



10. Top stitch along both edges with a straight stitch with a length of 3.0. Stitch very close to each edge. Trim the excess sashing.



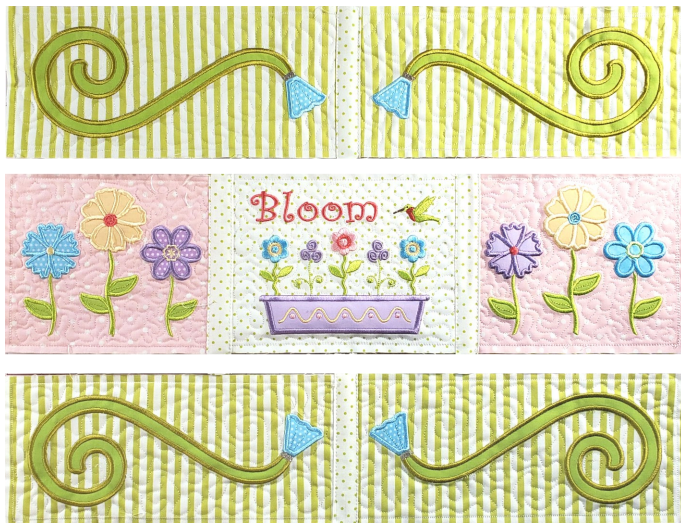
6. Find your glue! Basting glue or Elmer's School Glue will both wash away. You only need tiny drops, so if you are using Elmer's glue, be careful. The glue comes out FAST!



8. Place a sashing strip over the center of the joining seam.
9. Use a mini iron to set the glue (it won't set without heat unless you let it dry).



Here's what mine looks like.



11. Glue and stitch sashing over the rest of the joining seams in each row.



12. If you used the 5x7 hose borders, you might want different fabric for the sashing in the borders than in the center row.



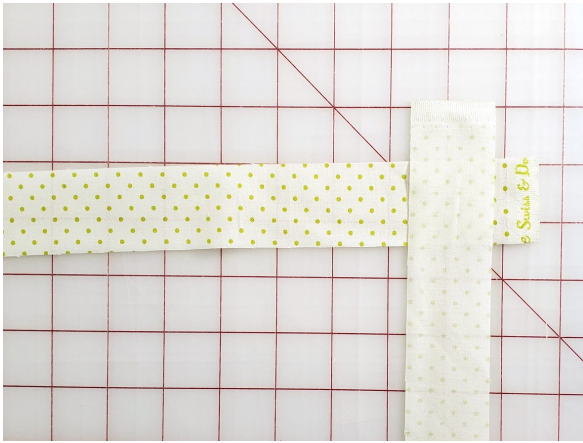
13. Join the rows with a zig zag stitch (L:7, W:2).



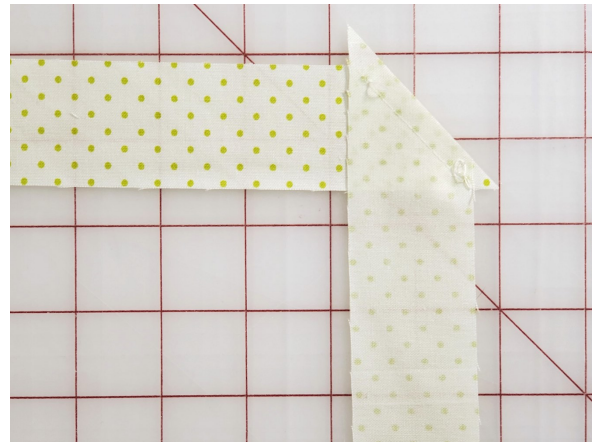
14. Place the fabric for the back of the placemat wrong sides together with the front. Baste around the edge using a 1/8" seam allowance. Trim the back to match the front.



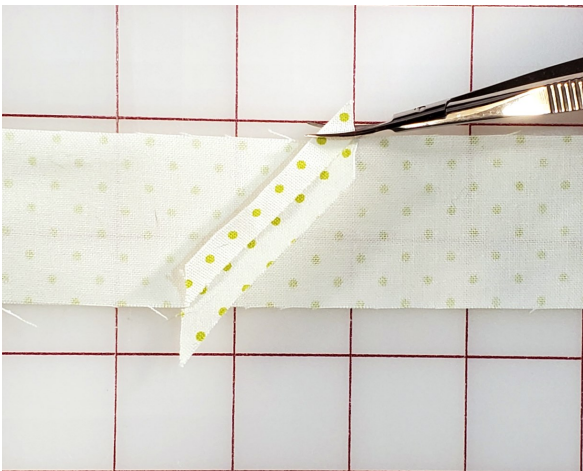
15. Place sashing over the long joining seam above the center row, and use a mini iron to set the glue. Repeat for the seam below the center row.
16. Top stitch along both long edges of the sashing. Use bobbin thread that matches the fabric on the back.
17. If you haven't already done so, trim the excess sashing.



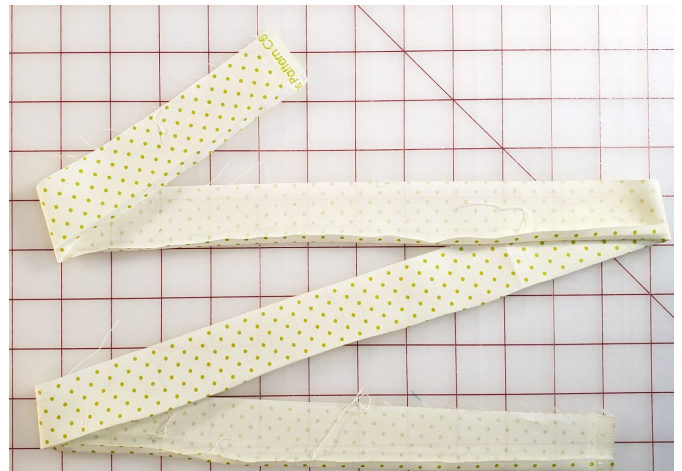
18. Place the two binding strips together perpendicularly as shown.



19. Stitch along the diagonal, and trim the ends so that you have a $\frac{1}{4}$ " seam allowance.



20. Press the seam open and trim the points.



21. Press one long edge of the binding under $\frac{1}{4}$ ".



22. Beginning in the middle of one of the sides of the placemat, stitch the unfolded edge of the binding around the outside of the placemat. Leave a 6" tail. Use a $\frac{1}{4}$ " seam allowance. Stop sewing $\frac{1}{4}$ " away from the corner edge.



23. To miter the corner, fold the binding to the right as shown.



24. Fold the strip back to the left as shown. The fold in the sashing should line up with the edge of the placemat that you just stitched.



25. Starting at the top of the fold, stitch down the next side. Continue sewing the binding around the placemat, mitering corners as you go.



26. Leave a 6" gap from the start of your binding.



27. Fold one tail to the right and one to the left as shown. Leave a $\frac{1}{8}$ " gap between the folds. Press the folds.



28. Pin the binding tails right sides together, matching the pressed folds. This is your seam line. Stitch.



29. Open out the binding, and make sure it fits tightly. It should be very tight.
30. If the binding fits, trim the ends, clip the points, and press open the seam.



31. Stitch the gap closed.
32. Turn the binding to the back of the placemat, and hand stitch.

If you want to make matching coasters, you can use Alternate Block 1A or 2A (I used Block 1A). Cut a piece of fabric the same size as the block. Baste it to the back of the block wrong sides together. Follow steps 22-32 (beginning on page 6) to bind the coasters.

RESOURCES:

- www.shellysmola.com
 - ◊ *Garden Dreams* and other embroidery Designs
 - ◊ [Embroidery Snips](#)
 - ◊ [Fancy Sashing Tutorial](#)
 - ◊ [Binding and Mitering Tutorial](#)
- www.allstitch.net
 - ◊ Cut away stabilizer: Sheer Stitch White “Diagonal Mesh” No-Show Cut Away Stabilizer
 - ◊ Soft Tear Away Stabilizer
 - ◊ 505 Adhesive Spray
 - ◊ Embroidery thread
 - ◊ Needles
- www.amazon.com
 - ◊ Bias tape maker tools
 - ◊ Roxanne Glue Baste It
 - ◊ Mini Iron
- www.joann.com

If you'd like to see a more detailed tutorial of binding and mitering corners, watch my [Binding and Mitering](#) video.

You can find it in the Video section at www.shellysmola.com.

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