



VALENTINE QUIET BOOK

HOOP SIZES: 4X4 AND 5X7

VALENTINE QUIET BOOK—4X4

- If you are making a book, the base fabric should be felt, fleece, or a fabric that does not fray (if you are making a quilt, you can use any fabric for the base pages). You can also use fabric backed with pellon for the book.
- Any fabric can be used for the appliqués.

SUPPLY LIST:

General Supplies:

- Tear away or cut away stabilizer
- Wash away mesh stabilizer
- ½ yd of felt, flannel, fleece, suede - any fabric that won't fray in several different colors (You will have a lot left over, but it needs to be wide enough to hoop.)
- Fabric scraps for appliqués
- Size 80/12 sharp embroidery needle
- Size 80/12 universal sewing needle
- Bobbin thread
- Embroidery thread
- Small embroidery nips
- Fray Check
- X-Acto knife
- Scotch Tape
- Rotary with regular blade and pinking blade (optional)
- Regular sewing needle and thread (yep—there's a tiny bit of hand sewing!)

Special Supplies for each page:

Cupid Puzzle Pages:

- Felt for puzzle
- Steam-A-Seam2 double-sided fusible web
- Fabric for back of puzzle
- 1—12mm (½”) or smaller button for pocket

Valentine Card Pages:

- Several pieces of cardstock in different colors for paper embroidery (Any cardstock will work—textured cardstock looks the best. My favorite is Bazzill paper.)
- Ribbon for card ties



Flower Vase Pages:

- Organza for heart flowers
- 20 Size 1 (or smaller) snaps

Front Cover

- Computer printer paper (optional)

Valentine Quiet Book Assembly

- ¾ yd of pom pom trim (optional)
- 18 —¼” grommets
- 1—12mm (½”) or smaller button for tab
- ¼” or 3/16” hole punch
- 1½ yd of ½” or ¾” ribbon OR 3—1” book rings
- Hammer

Valentine Quilt Assembly

- 1¼ yds of 60” wide chenille
- 10 yds of 30mm ric-rac or other trim (optional)
- 4 yds of pom pom trim or other trim (optional)

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VALENTINE QUIET BOOK—5X7

- If you are making a book, the base fabric should be felt, fleece, or a fabric that does not fray (if you are making a quilt, you can use any fabric for the base pages). You can also use fabric backed with pellon for the book.
- Any fabric can be used for the appliqués.

SUPPLY LIST:

General Supplies:

- Tear away or cut away stabilizer
- Wash away mesh stabilizer
- ½ yd of felt, flannel, fleece, suede - any fabric that won't fray in several different colors (You will have a lot left over, but it needs to be wide enough to hoop.)
- Fabric scraps for appliqués
- Size 80/12 sharp embroidery needle
- Size 80/12 universal sewing needle
- Bobbin thread
- Embroidery thread
- Small embroidery nips
- Fray Check
- X-Acto knife
- Scotch Tape
- Rotary with regular blade and pinking blade (optional)
- Regular sewing needle and thread (yep—there's a tiny bit of hand sewing!)

Special Supplies for each page:

Cupid Puzzle Pages:

- Felt for puzzle
- Steam-A-Seam2 double-sided fusible web
- Fabric for back of puzzle
- 2—12mm (½") or smaller buttons for pocket

Valentine Card Pages:

- Several pieces of cardstock in different colors for paper embroidery (Any cardstock will work—textured cardstock looks the best. My favorite is Bazzill paper.)
- Ribbon for card ties

Flower Vase Pages:

- Organza for heart flowers
- 20 Size 1 (or smaller) snaps

Front Cover

- Computer printer paper (optional)

Valentine Quiet Book Assembly

- 4 yd of pom pom trim (optional)
- 18 to 30—¼" grommets
- 1—12mm (½") or smaller button for tab
- ¼" or 3/16" hole punch
- 1½ yd of ½" or ¾" ribbon OR 5—1" book rings
- Hammer

Valentine Quilt Assembly

- 1¾ yds of 60" wide chenille
- 12 yds of 30mm ric-rac or other trim (optional)
- 5 yds of pom pom trim or other trim (optional)

RESOURCES

- Embroidery nips (a MUST HAVE!!): www.shellysmola.com
- Thread (great quality 99¢ metallic thread!) and fun trims: www.threadart.com
- Ric-rac, ribbon, and other neat trims: www.ribbonjar.com
- Hole punches (also can be found at any store that sells scrapbooking items—if you don't have any, I strongly recommend getting some, as they are very handy and inexpensive): www.save-on-crafts.com
- Stabilizer, needles and thread at incredible prices: www.allstitch.net
- Steam-A-Seam2 double-sided fusible web: www.softexpressions.com

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