



GO 'N SEW

HOOP SIZE: 5X7

Thank you for purchasing Shelly Smola's Designs. Please read all instructions before beginning this project!



SUPPLY LIST

- ⊗ Go 'n Sew design set
- ⊗ 2/3 yd of base fabric and spine fabric
- ⊗ 1/4 yd of border and corner applique fabric
- ⊗ Small scraps of fabric for the centerpiece appliques
- ⊗ 1/4 yd of fabric for the sashing for the main squares and the spine
- ⊗ 1/8 yd of fabric for the handles
- ⊗ 1/2 yd of fabric for the lining
- ⊗ 1/3 yd of 93" wide batting
- ⊗ 1/8 yd of fabric for the cording casing
- ⊗ 4 yds of 6/32" cotton cording filler
- ⊗ 1 - 18" nylon zipper
- ⊗ 15 1/2" x 15 1/2" square of 3" thick foam
- ⊗ Cut away mesh stabilizer
- ⊗ Water soluble mesh stabilizer
- ⊗ Soft tear away stabilizer
- ⊗ Ruler
- ⊗ Rotary cutter
- ⊗ 80/12 sharp embroidery and regular sewing needles
- ⊗ Embroidery thread, sewing thread, and bobbin thread
- ⊗ Embroidery nips (or small scissors)
- ⊗ 505 Adhesive Spray
- ⊗ Darr Piping Magic ruler

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PREPARATION


Follow the instructions included in the Go 'n Sew set to make the following pieces:


1 Centerpiece 

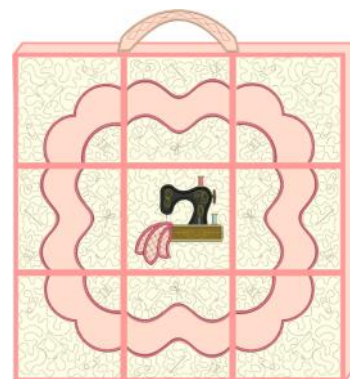
4 Corner Squares 

4 Border 1 Squares 

9 Page 1 Squares 

6 Spines - After you cut them apart, you'll have 12 spines. 

1 Handle 

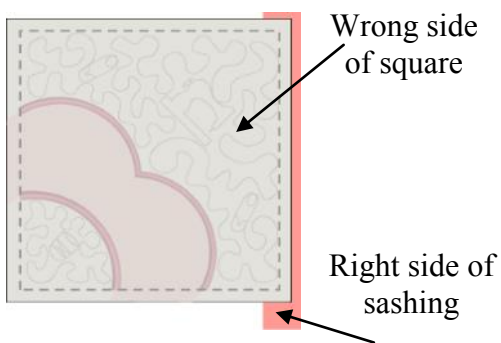


CUSHION FRONT INSTRUCTIONS

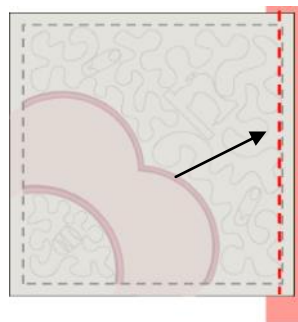
Gather the squares for the front cover. Cut 2 strips of 1 1/8" wide sashing.

Here are some tips to get those rows of sashing to line up!

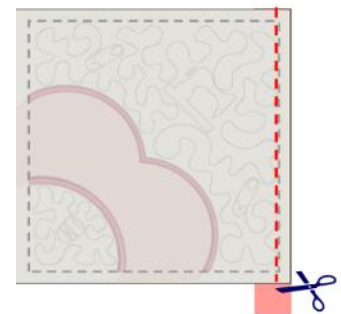
- ☼ Sadly, although I try to trim my blocks with a perfect 1/4" seam allowance, I have found that each block is just a little bit different. Pooh. SO, I use a 1/4" quilting foot. I use the center block to see exactly where my needle should be to hide the stitched outline, then I adjust my needle position accordingly. I use that seam allowance for all of the sashing for the rest of the project.
- ☼ Set up a small table with a mini iron right next to your embroidery machine. Instead of finger pressing the sashing open, iron it.
- ☼ Pin, pin, pin!! I pin at each seam, and I use three pins in between each seam.



1. Take a corner block and place it over a strip of pink sashing, right sides together.



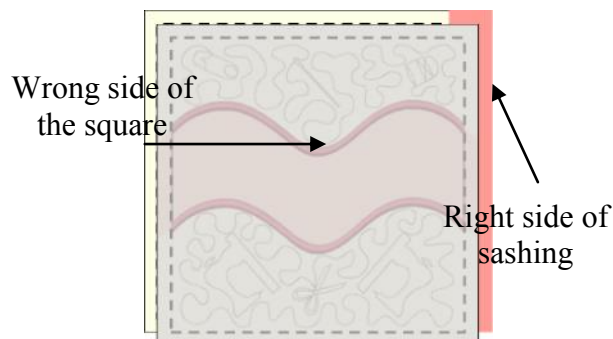
2. Stitch together using the embroidered outline on the corner block as your seam guide. Stitch JUST INSIDE the line as shown to hide the embroidered seam guide.



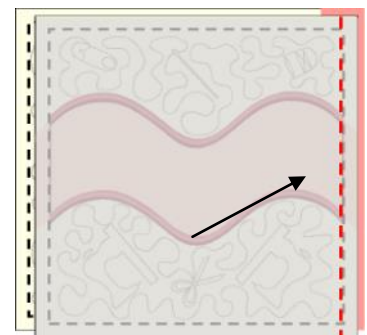
3. Trim the unused portion of the sashing so that it is even with the bottom of the block.



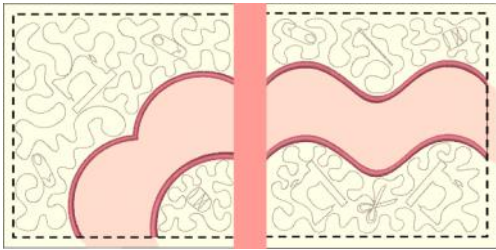
4. Open the sashing and press. The seam will naturally open toward the sashing. Press only the seam! If you iron the whole block, you'll flatten it!



5. Place a border 1 block right sides together with the sashing.



6. Stitch together using the embroidered outline on the border 1 block as your seam guide. Stitch JUST INSIDE the line as shown to hide the embroidered stitching.



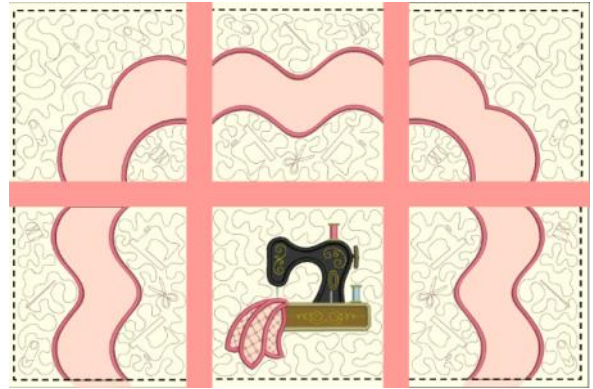
7. Open out the blocks and press the sashing.



8. Add the next corner block in the same manner.



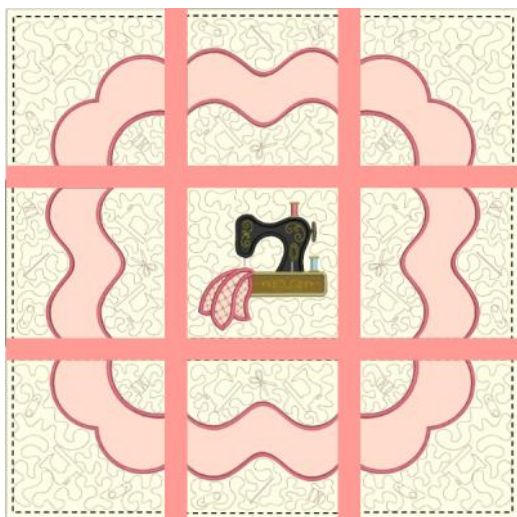
9. Join the next row of blocks together with sashing.



10. Join these two rows with sashing. To get your rows of sashing to line up perfectly, pin in place at each seam and in the middle of each block before sewing them together!

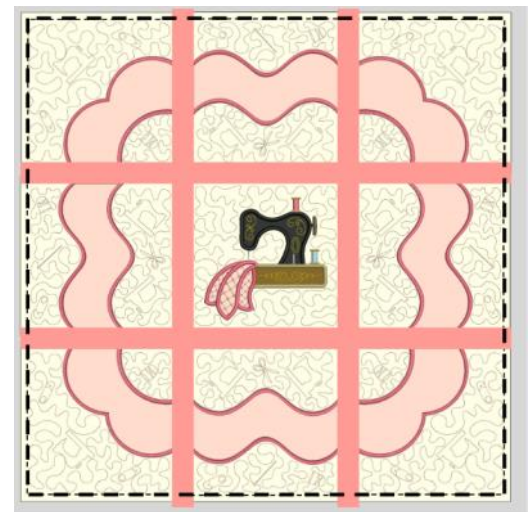


11. Join the corners and border with sashing to make the bottom row.



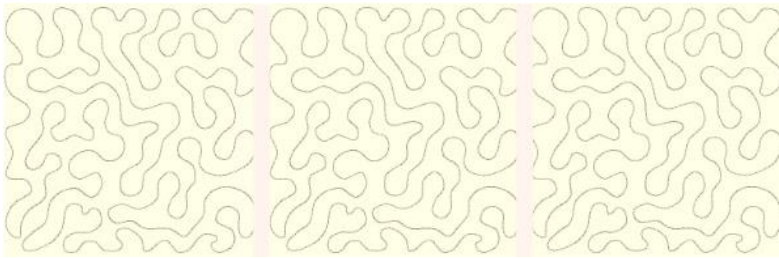
12. Attach the bottom row with sashing.

13. Cut a piece of lining fabric the same size as the cushion front. Place it wrong sides together with the cushion front, and baste around the edge. Use a $\frac{1}{8}$ " seam allowance.

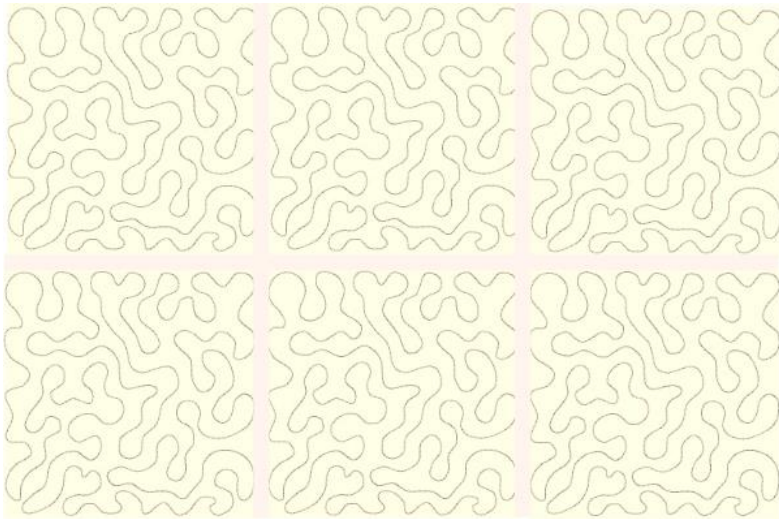


CUSHION BACK INSTRUCTIONS

Gather the 9 Page 1 squares. Cut 2 strips of 1 1/8" wide sashing. Cut 1 strip of 1 1/2" wide binding.

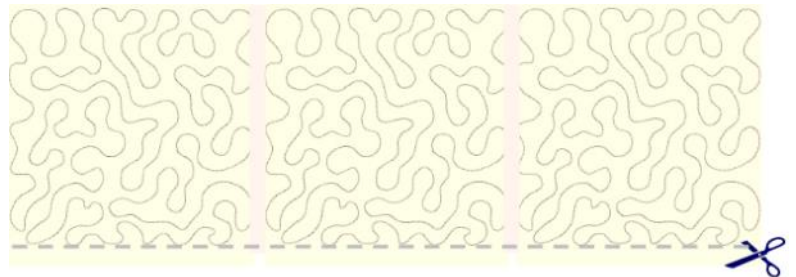


1. Sash three of the page 1 squares together as shown.

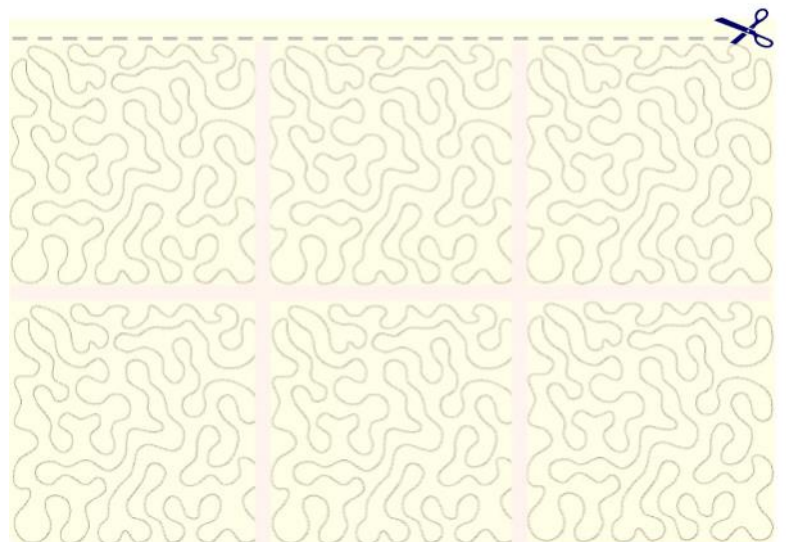


2. Sash the rest of the page 1 squares together as shown.

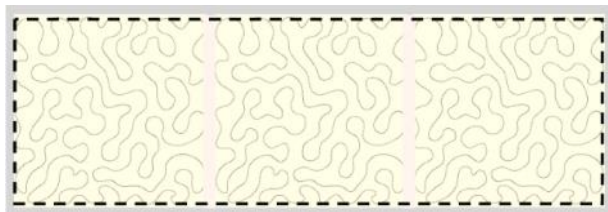
3. Trim a scant 1/4" (right next to the stitched guideline) from one long edge of the small group of page 1 squares.



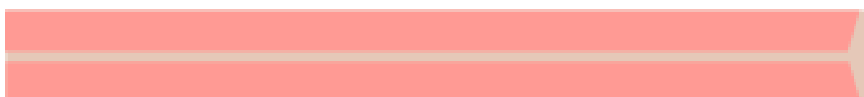
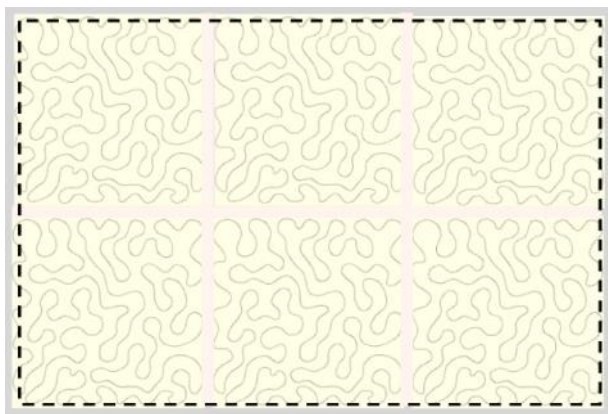
4. Do the same to one long edge of the large group of page 1 squares.



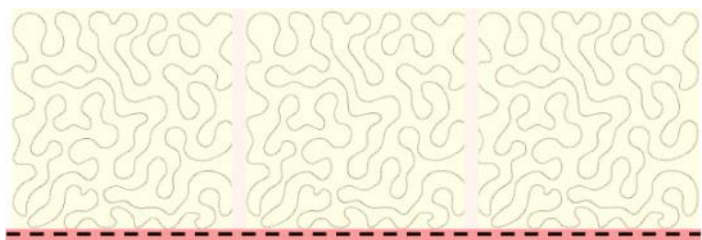
5. Cut a piece of lining fabric the same size as the small section. Place it wrong sides together with the row, and baste. Use a 1/8" seam allowance.



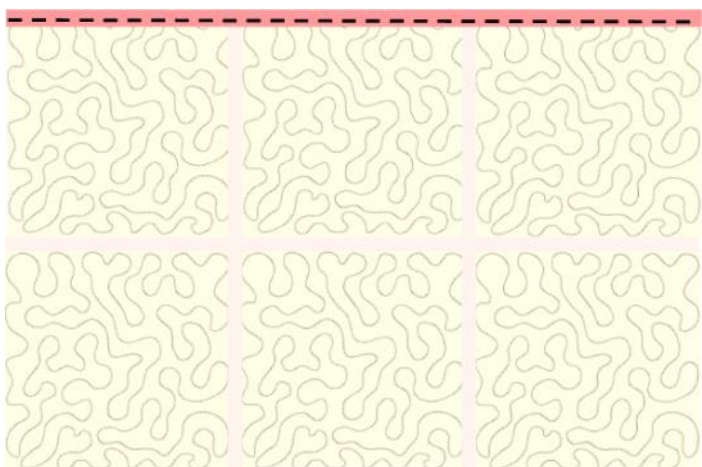
6. Repeat for the large section.



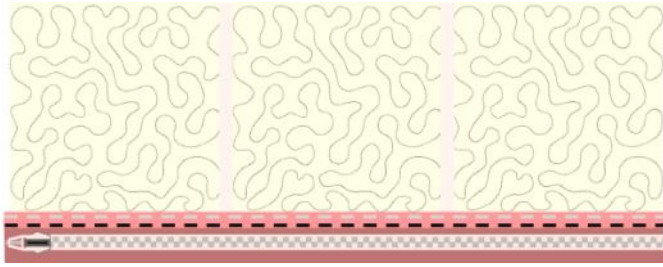
7. Press the binding strips in half the long way, wrong sides together. Open out, and press each long edge toward the center. If you have a Simplicity Bias Tape Maker, just run the binding strips through a 3/4" tip, and press in half. If you don't have a Simplicity Bias Tape Maker, I would highly recommend getting one. They save a ton of time, and your binding strips look PERFECT. And no burned fingers.... AND it works just fine with strips of binding that are NOT cut on the bias! :-)



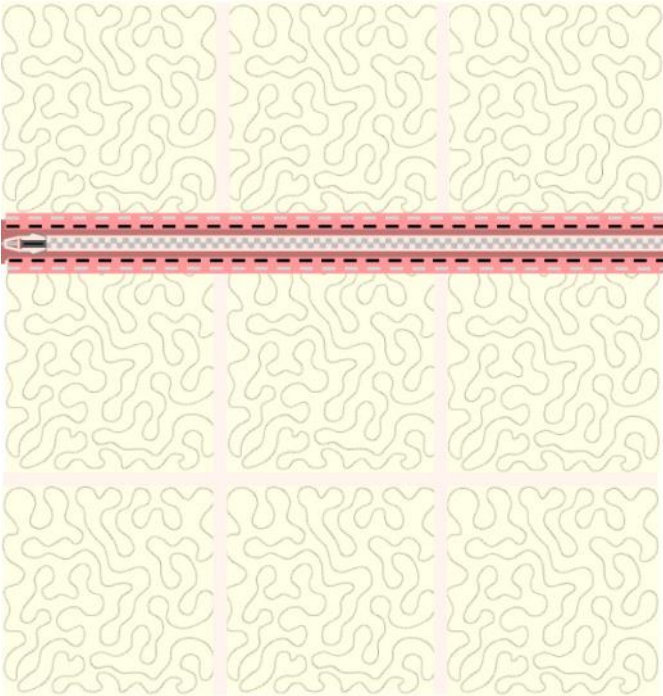
8. Sew the binding strip along the edge of the small section that you trimmed in step 3. Cut off the excess binding fabric.



9. Repeat for the large section.



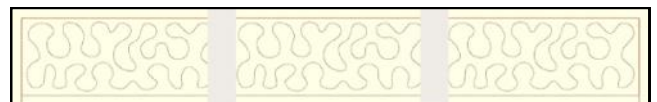
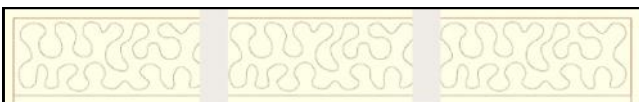
10. Place the zipper tape under the binding on the small section and stitch. Use a zipper foot.



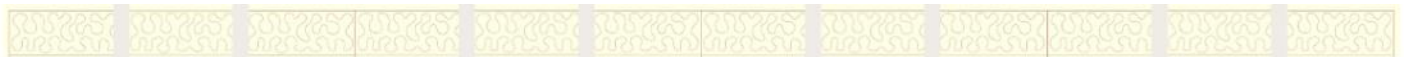
11. With the zipper closed, pin the large section over the zipper tape and stitch.

SPINE INSTRUCTIONS

Gather the 12 Spine sections and the handle. Cut 5 strips of 1 1/8" wide sashing.



1. Sash 4 groups of 3 spines together as shown. I didn't put a lining on my spine. If you want a lining on the spine, cut a piece of lining fabric for each section, and baste it to the back of each section, wrong sides together.

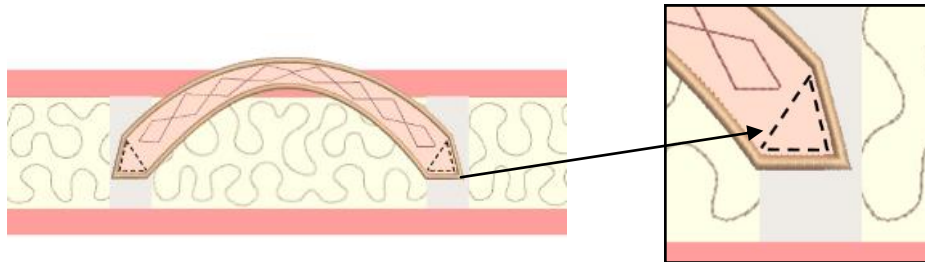


2. Sew the four groups together without sashing. Use the same seam allowance you have been using. You will have batting in your seam allowance - that's OK - it will make your corners a little stiffer!

- Sew a long strip of sashing along the entire spine. You will need to join two strips of sashing to do this. Open out the sashing, and press. Repeat for the other long side.



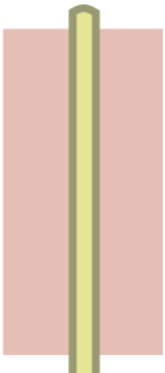
- Sew the two ends of the spine together without sashing.



- Sew the handle to the middle of one of the spine sections. Stitch around the triangle section of each end of the handle so it is very secure.

CORDING INSTRUCTIONS

Cut 4 strips of 1½” wide fabric to cover your cording. You will also need 4 yards of 6/32” filler cord.



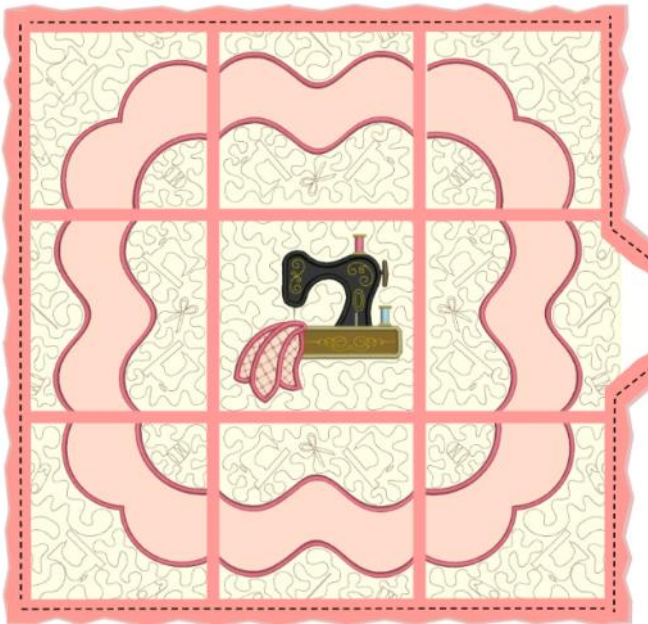
- Sew 2 fabric strips together so that you have one long strip. Press the seam open.
- Place the cording in the middle of the wrong side of the casing.



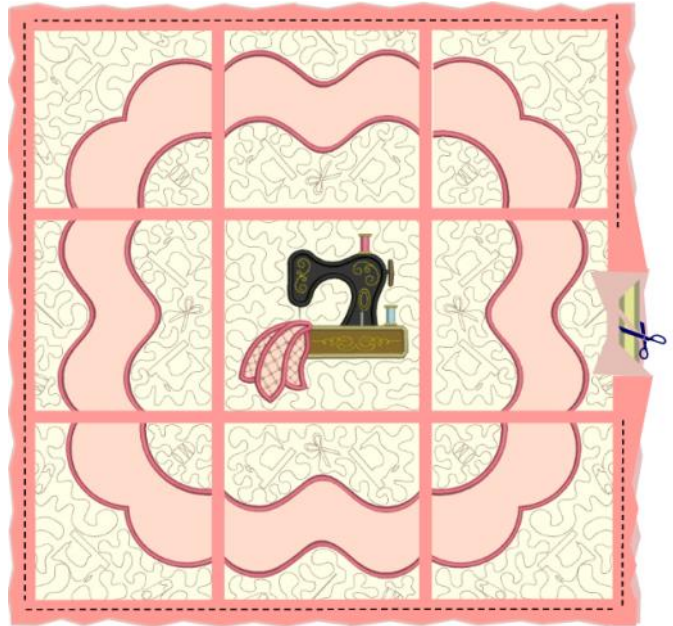
- Fold the casing over the cording with wrong sides together. Starting about 5” from the top, **baste** the casing. Use a zipper foot or a cording foot. Position your needle so that the casing is loose over the cording.



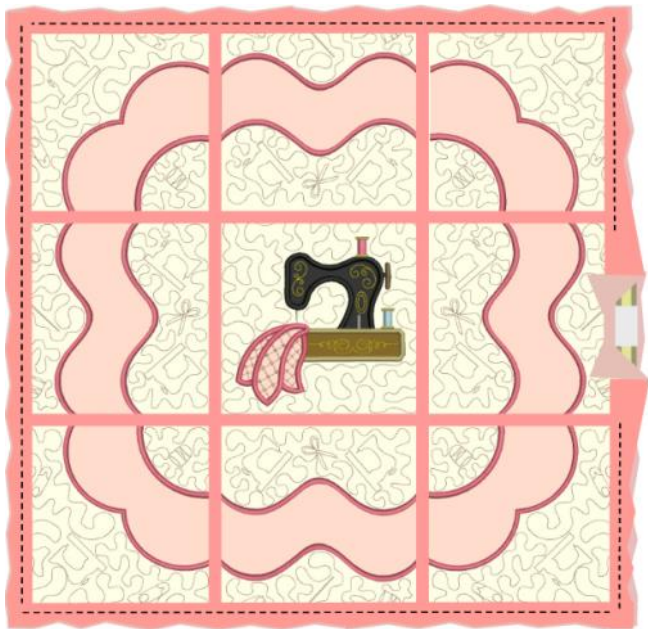
- You will need to trim the flange on the cording casing so that it is ¼” wide. The Darr Piping Magic ruler makes this very easy. If you don't have one, I strongly recommend getting one! Because the 6/32” cording is larger than the groove, you will need to use the ⅜” groove to get a ¼” flange. Just put that groove over your cording, and use a rotary cutter to cut off the extra fabric in the flange.



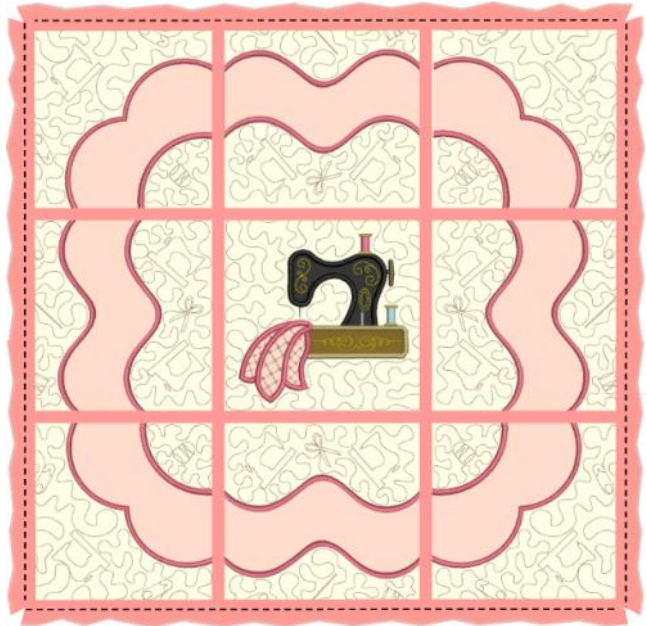
5. Baste the cording around the front of the cushion. Use the same seam allowance that you used to make your casing. Leave a gap that's at least 8" wide.



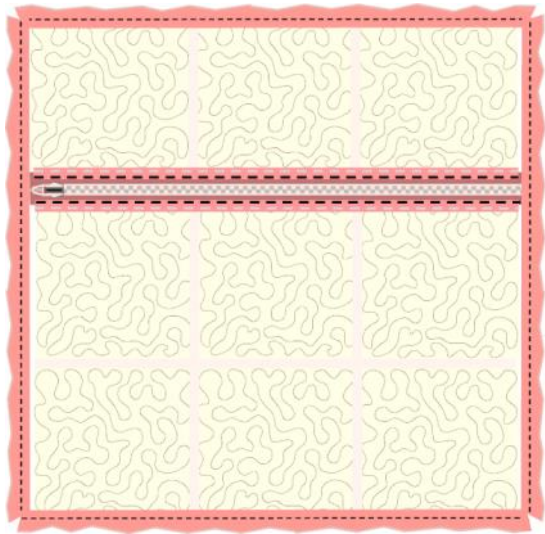
6. Pick open the casing a few inches on either end, and trim the cording at an angle so that the ends butt up against each other.



7. Wrap a strip of fusible interfacing around the ends of the casing. Fuse the interfacing to the casing as you roll.

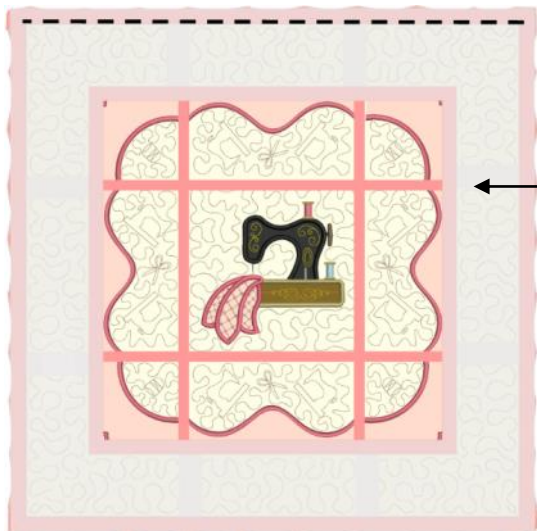


8. Gently position the ends of the casing strip so that you can sew them together. Stitch, and trim the excess casing fabric.
9. Baste the cording in the gap to the pillow case. Clip the casing at the corners so that the flange lies flat.



10. Repeat steps 1-9 for the back of the cushion.

FINAL ASSEMBLY



Wrong side
of spine



1. Pin the spine sashing to the front of the cushion so that the section with the handle is above the sewing machine, and all the sashings line up. The seams of the spine that don't have any sashing will line up with the corners.
2. Use a cording or zipper foot, and adjust the needle position so that it is as close to the cording as possible. Start stitching along the top $\frac{1}{4}$ " away from the corner, and stop sewing $\frac{1}{4}$ " away from the next corner. Sew all four sides in this manner.
3. Take a small tuck in the sashing on the spine at each corner, and stitch around each corner. Use a zipper foot - cording feet don't go around corners very well!
4. Open the zipper half-way on the back of the cushion, and pin the back right sides together with the spine sashing. Follow steps 12-14 to stitch around the back of the cushion. Turn the cushion case right side out, and check your corners. Serge the inside seams if desired.
5. Insert your cushion. It's a little hard to get that stiff foam inside - just bend the foam and carefully maneuver it inside the cushion. Zip up the zipper, and you're done!

RESOURCES:

- www.allstitch.net
 - ◇ Cut away stabilizer: Sheer Stitch PolyMesh Stabilizer
 - ◇ Wash away stabilizer: Vilene
 - ◇ Soft tear away stabilizer
 - ◇ 505 Adhesive Spray
 - ◇ Embroidery thread
 - ◇ Embroidery needles
- www.shellysmola.com
 - ◇ Embroidery nips
- www.quiltersdreambatting.com
 - ◇ Quilters Dream Batting: Quilters Dream Puff
- www.joann.com
 - ◇ Simplicity Bias Tape Maker
 - ◇ Cotton cording filler
 - ◇ Foam - You will have to cut it yourself and glue it together to get the right dimensions. This is easy to do with an electric knife and some foam glue.
- www.zipperstop.com
 - ◇ Zippers - I used a YKK #3 Skirt and Dress zipper. If you order from them over the phone, you don't have to pay the outrageous internet shipping charges! If you use a lot of zippers, I recommend getting a color card of their zipper tapes - they have so many pretty colors, and the zippers are very inexpensive!
- www.darrsewnotions.com/products/piping.htm
 - ◇ Darr Piping Magic ruler
- Walmart
 - ◇ Cotton cording filler
- www.amazon.com
 - ◇ "*Sewing Edges and Corners: Decorative Techniques for Your Home and Wardrobe*" by Linda Lee - This is such a nice reference book, and it includes a very good section on cording.
- [The Fabric Place - \(208\) 237-9590](http://TheFabricPlace.com)
 - ◇ 3" thick foam - If you call and order it from them, they will cut it to size and ship it to you.
- www.foambymail.com
 - ◇ 3" thick foam - They will cut it to your dimensions, and they have many different types of foam available.

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