



FRAME OF MIND

HOOP SIZE: 5X7

SUPPLY LIST

- ⊗ ¼ yd of fabric for each frame
- ⊗ ¼ yd of Pellon for each frame
- ⊗ A scrap of clear Vinyl for each frame
- ⊗ Wash away mesh stabilizer
- ⊗ Ruler
- ⊗ Rotary cutter
- ⊗ 80/12 or 90/14 sharp embroidery needle
- ⊗ Embroidery thread and bobbin thread
- ⊗ Embroidery nips (or small scissors)
- ⊗ X-Acto Blade
- ⊗ Scotch tape
- ⊗ Fray Check
- ⊗ Mini Iron



DIMENSIONS

EACH FRAME IS APPROXIMATELY 5" x 7".

RESOURCE GUIDE

- allstitch.net
 - ◇ Wash away mesh stabilizer: Vilene
 - ◇ Madeira Embroidery thread
 - ◇ Embroidery Needles
- www.shellysmola.com
 - ◇ Embroidery nips
- www.joann.com
 - ◇ Craft Fuse 808 Pellon (I recommend buying a bolt of this when it goes on sale!)
 - ◇ Mini Iron
 - ◇ 20-guage vinyl
- www.amazon.com
 - ◇ Craft Fuse 808 Pellon
 - ◇ X-Acto Blades
 - ◇ Mini Iron

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