



BABY GIRL BOOK

HOOP SIZE: 5x7



SUPPLY LIST

The following supply list is for a book made with 24 pages - a cover, pages 1-20, two extra pocket pages, and a back (which is blank). You do not need to pre-shrink the fabric for this project. If you are making extra pocket pages, you will need to buy extra supplies. This book uses a lot of ribbon, which can be expensive. Please be sure to take a look at the resource list on the next page for the most inexpensive supplies I could find, especially the ribbon!

General Supplies

- ♦ Ruler
- ♦ Rotary cutter
- ♦ 80/12 sharp embroidery needles
- ♦ Embroidery thread
- ♦ Bobbin thread
- ♦ Sewing thread
- ♦ Iron
- ♦ Pressing Cloth
- ♦ Embroidery nips
- ♦ X-Acto knife

Supplies for the Book Pages

- ♦ 1 $\frac{3}{4}$ yds of 44" wide fabric for the pages
- ♦ 1 yd of 44" wide fabric for the appliqué frames
- ♦ 5 yds Craft-Fuse Pellon (808) to make the pages stiff
- ♦ 606 Spray and Fix Fusible Spray
- ♦ 1 sheet of cardstock

Supplies for the Pockets

- ♦ Sulky Totally Stable stabilizer
- ♦ 1 yd clear vinyl - "Premium" weight
- ♦ 21 yds of $\frac{1}{4}$ " wide ribbon for pocket lacings
- ♦ Tapestry needle

Supplies for Binding the Pages

- ♦ 505 Adhesive Spray

- ♦ 13 yds of $\frac{7}{8}$ " or 1" wide ribbon for binding the page edges (You can substitute your own fabric binding for this if you wish.)
- ♦ 80/12 sharp universal sewing needle

Supplies for Binding the Book

- ♦ 1 $\frac{3}{4}$ yds of $\frac{5}{8}$ " or $\frac{1}{2}$ " wide ribbon
- ♦ 3/16" or $\frac{1}{4}$ " hole punch
- ♦ Hammer
- ♦ 36 - $\frac{1}{4}$ " grommets (also called eyelets - make sure they have a "top" and "bottom")

Supplies for the Pocket Inserts

- ♦ 10 sheets of cardstock
- ♦ 2 yds of $\frac{1}{4}$ " wide ribbon
- ♦ 14 - $\frac{1}{8}$ " eyelets for the pocket information cards
- ♦ $\frac{1}{8}$ " hole punch
- ♦ $\frac{1}{8}$ " eyelet setter

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RESOURCES

- Sulky Totally Stable Stabilizer: www.joann.com or Jo-Ann Fabric
- Ribbon: www.threadart.com (When I wrote these instructions, a **22yd** roll of ¼” wide organza ribbon was \$1.69, and a **28 yd** roll of ⅞” grosgrain ribbon was \$6.69. Wow. They also have fun metallic threads for \$0.99, which I used throughout my book!)
- Embroidery Thread and Bobbon Thread: www.allstitch.net
- 505 and 606 Spray: www.allstitch.net
- Embroidery Nips: www.shellysmola.com
- Craft-Fuse Pellon (808): Jo-Anne Fabric (not available by the yard on-line)
- Premium Vinyl: Walmart
- Tapestry needles: Walmart
- Grommets (also called ¼” eyelets): www.joann.com, Jo-Ann Fabric, or Walmart
- Eyelets (⅛”): www.joann.com or www.save-on-crafts.com or any scrapbooking store
- Hole punches and eyelet setting tools: www.save-on-crafts.com or any scrapbooking store