



BABY BOY BOOK

HOOP SIZES: 4X4 AND 5X7



SUPPLY LIST

The following supply list is for a book made with 24 pages - a cover, pages 1-20, two extra pocket pages, and a back (which is blank). You do not need to pre-shrink the fabric for this project. If you are making extra pocket pages, you will need to buy extra supplies. This book uses a lot of ribbon, which can be expensive. Please be sure to take a look at the resource list on the next page for the most inexpensive supplies I could find, especially the ribbon!

General Supplies

- ♦ Ruler
- ♦ Rotary cutter
- ♦ 80/12 sharp embroidery needles
- ♦ Embroidery thread
- ♦ Bobbin thread
- ♦ Sewing thread
- ♦ Iron
- ♦ Pressing Cloth
- ♦ Embroidery nips
- ♦ X-Acto knife

Supplies for the Book Pages

- ♦ 1 $\frac{3}{4}$ yds of 44" wide fabric for the pages
- ♦ 1 yd of 44" wide fabric for the appliqué frames
- ♦ 5 yds Craft-Fuse Pellon (808) to make the pages stiff
- ♦ 606 Spray and Fix Fusible Spray
- ♦ 1 sheet of cardstock

Supplies for the Pockets

- ♦ Sulky Totally Stable stabilizer
- ♦ 1 yd clear vinyl - "Premium" weight
- ♦ 21 yds of $\frac{1}{4}$ " wide ribbon for pocket lacings
- ♦ Tapestry needle

Supplies for Binding the Pages

- ♦ 505 Adhesive Spray

- ♦ 13 yds of $\frac{7}{8}$ " or 1" wide ribbon for binding the page edges (You can substitute your own fabric binding for this if you wish.)
- ♦ 80/12 sharp universal sewing needle

Supplies for Binding the Book

- ♦ 1 $\frac{3}{4}$ yds of $\frac{5}{8}$ " or $\frac{1}{2}$ " wide ribbon
- ♦ 3/16" or $\frac{1}{4}$ " hole punch
- ♦ Hammer
- ♦ 36 - $\frac{1}{4}$ " grommets (also called eyelets - make sure they have a "top" and "bottom")

Supplies for the Pocket Inserts

- ♦ 10 sheets of cardstock
- ♦ 2 yds of $\frac{1}{4}$ " wide ribbon
- ♦ 14 - $\frac{1}{8}$ " eyelets for the pocket information cards
- ♦ $\frac{1}{8}$ " hole punch
- ♦ $\frac{1}{8}$ " eyelet setter

www.shellysmola.com
shelly@shellysmola.com

www.myfairladydesigns.com
myfairladydesigns@hotmail.com

COPYRIGHT INFORMATION

Sharing is Stealing! All digitized designs and instructions are copyrighted by Shelly Smola Designs and are **only** for use by the person who originally purchased the designs. Digitized designs are not to be shared, swapped, duplicated or sold in any way. Designs in their stitched out form can be used on personal items, gifts and items for resale on a small scale. The digitized design itself remains the property of Shelly Smola Designs. Please help Shelly continue to offer quality designs at reasonable prices by following copyright laws.

RESOURCE LIST

- Sulky Totally Stable Stabilizer: www.joann.com or Jo-Ann Fabric
- Ribbon: www.threadart.com (When I wrote these instructions, a **22yd** roll of ¼” wide organza ribbon was \$1.69, and a **28 yd** roll of ⅞” grosgrain ribbon was \$6.69. Wow. They also have fun metallic threads for \$0.99, which I used throughout my book!)
- Embroidery Thread and Bobbin Thread: www.allstitch.net
- 505 and 606 Spray: www.allstitch.net
- Embroidery Nips: www.shellysmola.com
- Craft-Fuse Pellon (808): Jo-Anne Fabric (not available by the yard on-line)
- Premium Vinyl: Walmart
- Tapestry needles: Walmart
- Grommets (also called ¼” eyelets): www.joann.com, Jo-Ann Fabric, or Walmart
- Eyelets (⅛”): www.joann.com or www.save-on-crafts.com or any scrapbooking store
- Hole punches and eyelet setting tools: www.save-on-crafts.com or any scrapbooking store